Information About Health Exams for 18-Month Old Children

The 18-month health exam is important in checking the child's physical and mental growth at this

important milestone. Please consider having your child examined.

1 Dates and Locations *Reservations are required

Location: Wellness Kashiwa, Children's Health Room 1F

Dates: Please check the Kashiwa City Infant Health Checkup website

%If it is difficult to make the appointment on the date/time above, you can visit the clinic the following month or later as long as your child is not yet two years old.

2 Appointment Procedure

①Scan the QR code to open the reservation page.

②If your internet connection is not capable of reading the QR code, please make an

appointment by phone.

③Please enter the required information, select your desired date and time, and apply.

④Once your reservation has been accepted, you will receive an email. Please check the information.

When making an appointment by phone, please contact the Maternal and Child Health Division (04-7167-1257).

3 Requests for medical examinations

Please refrain from visiting if you are feeling unwell.

If your workplace is closed due to an infectious disease, please consider rescheduling your appointment if possible.

To prevent overcrowding, please refrain from arriving significantly after your appointment time.

Please note that entry times may be adjusted to prevent crowding.

If you have not visited a clinic yet, we will call or make a home visit to check on your situation,

and inquire about information from relevant sources.

4 What to prepare in advance

 $\textcircled{1}\label{eq:Please}$ complete both sides of the medical questionnaire (A3, white) at home.

②There will be a dental checkup, so please brush your child's teeth beforehand.

5 Appointment Day Information

What to bring:

①Maternal and Child Handbook ②Medical Questionnaire ③Face towel ④Your child's toothbrush

⑤Indoor shoes (non-slip) for both parent and child and a bag to put your outdoor shoes in

- ※ Please make sure your child's name is written on the cover of the Maternal and Child Health Handbook.
- * The face towel is intended to be placed under your child's head during dental checkups.

Details ①Physical measurements ②Medical interview ③Dental checkup ④Childcare consultation ※Dental, nutritional, and developmental consultations will be provided only to those who

need them.

*Pediatric consultations are optional. If you would like to be examined, please fill out the guestionnaire.

6 Inquiries

Kashiwa City Maternal and Child Health Division

Address: 65-1 Wellness Kashiwa, Kashiwashita, Kashiwa City

TEL:04-7167-1257 FAX:04-7167-1732